

## St AIDAN'S PARISH CHURCH

### MASS TIMES

Sunday Masses	Saturday Vigil 6 pm, Sunday 10 a.m. and 12 Noon.
Holyday of Obligation	Vigil 7.30 pm, 10 a.m. and 7.30 pm.
Weekdays	10.00am
Confessions	After All Saturday Masses

### Parish Ministers' Rota

16th August 2009

Mass	Eucharistic Ministers	Readers
Vigil	B. Higgins E. Lynn, S. Woods	P. Devine
10.00 a.m.	B. McCabe M. Lynch	A. McCrossan K. McGinley
12 Noon	M. McDowell W. O' Neill	R. Fox P. Allison

### Today's Mass

Around 850 years before Jesus, Israel was ruled by a weak king, Ahab. He had married a pagan, named Jezebel. He converted to her religion, which was essentially a sex cult. Elijah, a prophet, challenged this and became an enemy of the queen. She threatened to have him killed on sight. Elijah was broken. He began to flee to Mount Sinai to ask God for help. Along the way, he gave up and prayed for death. God sent a messenger with bread and water. This gave him the courage to continue the long journey. The bread seems to foreshadow the Eucharist its power to keep us faithful to our personal journey to God.

Today's second reading focuses on the Holy Spirit. Some people have the idea that the Holy Spirit is nothing but an impersonal force, without feelings. This is a terrible misconception. The Spirit is equal to the Father and the Son, who both show powerful emotion. Moreover the Spirit is intimately involved in our personal lives. This is not the characteristic of a detached "energy", but of a person. In view of this passionate interest, it is a tragedy that the Holy Spirit can be sad. Love means making another person happy, even at the cost of our own happiness. What could you do to make the Holy Spirit happy?

The Gospel again shows us Jesus as the teacher par excellence because he has seen the Father and therefore his teaching carries the truth. This conviction of faith arises through our being drawn to faith by the Father. This hidden magnetic pull, our being drawn to Christ, is the internal dynamism leading to faith and is utterly gracious.

# St Aidan's Parish Bulletin

19th Sunday (Year B)

9th August 2009



*"I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever."*

**Parish Priest: Rev. Joseph Clements**

**Rev. Francis King Chaplain HMPP Shotts**

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